

house blends (16 oz.)

expertly crafted + customizable to your liking!

Peach Perfect anti-inflammatory, alkalizing, hydrating spinach, cucumber, pineapple, peaches, ginger + coconut water	7.5
Detox Green detoxifying, alkalizing, hydrating kale, cucumber, spinach, celery, parsley, apple, lemon + coconut water	7.5
Pre-Workout <i>hydration, energy, strength, endurance</i> kale, orange, blueberries, banana, grapes, dates, chia + coconut water	8
Recovery muscle recovery, anti-inflammatory, protein rich blueberries, strawberries, pineapple, cherries, banana, kale, spinach, dates, hemp protein + coconut water	9
1717 <i>immunity, anti-inflammatory, hydration</i> orange, banana, strawberries, dates + filtered water	6.5
Cold & Flu Fighter immunity booster, vitamin c goji berries, pineapple, ginger, camu camu + coconut water	8
SexyYowza energy, libido, metabolism booster bananas, cacao, cinnamon, maca, dates, almond butter, cayenne + almond milk	9

1.5

Superfood Boost Add-Ins

add to any blend for an extra boost

chia seeds, maca, flax, ginger, hemp seeds, plant protein powder, goji berries, açai, camu camu, dates

famous bowls

açaí bowls	
Original base: açaí, coconut milk + fruit - topped with granola, pineapple, strawberries, blueberries + honey drizzle	9.5
Tropical base: açaí, coconut milk, fruit + honey - topped with granola, pineapple, strawberries, coconut + honey drizzle	9.5
Chocolate base: açaí, almond milk, fruit, agave + cacao - topp with granola, bananas, hempseeds, walnuts	9.5 ped

PB+J 9.5 base: açaí, almond milk, fruit, agave + cacao

- topped with granola, strawberries, bananas, peanut butter + honey drizzle

pitaya bowls

+ honey drizzle

Pretty In Pink 9.5
base: pitaya, coconut milk + fruit - topped with
granola, pineapple, strawberries + honey drizzle

Purple Power 9.5
base: pitaya, coconut milk + fruit - topped with granola,
bananas, blueberries, hemp hearts + honey drizzle

Custom Bowl

9.5

- 1. Pick your base: açaí (original, chocolate or tropical), pitaya or overnight oats
- 2. Pick your 3 toppings: apples, blueberries, bananas, pineapple, strawberries, coconut, hemp seeds, walnuts, almond butter, peanut butter

*All bowls come with granola + honey unless otherwise specified.

breakfast bowls

Rise + Shine 7.5 base: overnight oats, almond milk, chia, maple syrup + secret yowza miy - topped with grapple, apples

+ secret yowza mix - topped with granola, apples, walnuts, honey drizzle + cinnamon sprinkle

Nutter Butter 7.5

base: overnight oats, almond milk, chia, maple syrup + cinnamon - topped with granola, bananas, peanut butter + honey drizzle

Morning Glow 7.5

base: overnight oats, almond milk, chia, maple syrup + cinnamon - topped with granola, strawberries, blueberries, pineapple + honey drizzle

coffee

Toddy Latte double shot cold brew, almond milk + cinnamon	5.5	Coffee Americano double shot cold brew + hot filtered water	3.5
Iced Coffee double shot cold brew + filtered water	4	Cold Brew Shot (2.5 oz)	3.5

our no junk philosophy:

All of our hand-crafted superfood blends are whole food, plant-based, dairy free, gluten free and soy free and with no added sugars or artificial ingredients.

bottled blends (16 oz.)

handcrafted and conveniently bottled

Classic Green alkalizing, hydrating, nutrient rich kale, celery, cucumber, chia, ginger, lemon, apple + coconut water	8
Sweet Green antioxidant, hydrating, alkalizing kale, spinach, strawberries, peaches, pineapple, banana, dates + coconut water	8.5
Radical Repair antioxidant, energy blueberries, strawberries, raspberries, blackberries, açaí, dates, chia + coconut water	9
Berry Zinger metabolism booster lemons, strawberries, cayenne pepper + agave	6.5
Summer Love antioxidant, energy, alkalizing blueberries, peaches, grapes, pineapple, dates, vanilla, chia + coconut water	7.5
Blonde Brodie energy, protein rich banana, almond butter, maca, dates + almond mill	7.5
Dirty Blonde: spinach added	8
Black Gold energy, protein rich cacao, hemp hearts, banana, almond butter, maca, dates, almond milk + cold brew	9

wellness shots

raw, blended, and bottled fresh

Turmeric 2.5 oz. **3.5** / 16 oz. Big Shot **15** *anti-inflammatory* turmeric, ginger, honey, lemon, sea salt, black pepper + coconut water

Ginger 2.5 oz. **3.5** / 16 oz. Big Shot **15** *immunity builder, anti-nausea* ginger, lemon, cayenne pepper + coconut water

blendees (8 oz.)

kid-size blends to fuel their day the healthy way

Strawberry	3.5
Chocolate	3.5
Sugar Cookie	3.5

house salads

Hummus Bowl	8.5
Taco Salad	8.5
Bean Salad	7
Kale Salad	5.5
Super Kale Salad	6.5
Brussels Sprout Salad	4.5

snacks + dips

8 oz. Guacamole	6
8 oz. Pico	4
8 oz. Hummus	5
Veggies with Hummus	5.5
The Chippy	5
Fruit Bowl	5
4-Pack Energy Bites	5.5
2-Pack Tuxedo Dates	3

All grab-n-go blends, cleanses, wellness shots, blendees, salads, snacks + dips are made in-house.

signature cleanses

Our cleanses are specifically designed to flood your body with maximum nutrition. Offered daily in our grab-n-go fridge (while supplies last) or reserve yours in advance at ediblend.com.

3 Day Kick-Start Cleanse

150

Purposefully created to help eliminate cravings, rejuvenate your body and empower you to make healthier eating choices.

Includes 6 superfood blends each day:

Classic Green

kale, celery, cucumber, chia, ginger, lemon, apple + coconut water

Lemon Zinger

lemons, cayenne pepper + agave

Choco Shake

kale, banana, cacao, hemp hearts, maca, dates, almond butter + almond milk

Beet Detox

beet, pineapple, lemon, ginger + coconut water

Spicy Green

cucumber, celery, green apple, ginger, jalapeño + lemon

Perfect Balance

strawberries, blueberries, banana, pineapple, spinach, apple cider vinegar + coconut water

1 Day Kick-Start Cleanse

45

A full day's nutrition conveniently packaged and perfectly formulated to reset and jumpstart your system to a healthy lifestyle.

Includes 5 superfood blends + a kale salad.

Classic Green

kale, celery, cucumber, chia, ginger, lemon, apple + coconut water

Berry Zinger

strawberries, lemons, cayenne pepper + agave

Blonde Brodie

spinach, banana, almond butter, maca, dates + almond milk

Beet Detox

beet, pineapple, lemon, ginger + coconut water

Spicy Green

cucumber, celery, green apple, ginger, jalapeño + lemon

Kale Salad

Custom Cleanse

Your cleanse, your way! Mix and match any six blends to make the perfect combination based on your unique preferences. Price is based on your blend selections.