

## bottled blends (16.oz)

in grab -n- go fridge

handcrafted and conveniently bottled	
Classic Green alkalizing, hydrating, nutrient rich kale, celery, cucumber, chia, ginger, lemon, apple + coconut water	9
<b>Sweet Green</b> <i>antioxidant, hydrating, alkalizing</i> kale, spinach, strawberries, peaches, pineapple, banana, dates + coconut water	9.5
Radical Repair antioxidant, energy blueberries, strawberries, raspberries, blackberries, acai, dates, chia + coconut water	10
<b>Berry Zinger</b> <i>metabolism booster</i> lemons, strawberries, pineapple + cayenne pe	<b>7.5</b>
Summer Love antioxidant, energy, alkalizing blueberries, peaches, grapes, pineapple, dates, vanilla, chia + coconut water	9
Blonde Brodie energy, protein rich banana, almond butter, maca, dates + almond Dirty Blonde: spinach added	<b>8.5</b> milk <b>9</b>
Black Gold	10

All grab -n- go blends, cleanses, wellness shots, blendees, salads, snacks + dips are made in house.

cacao, hemp hearts, banana, almond butter,

maca, dates, almond milk + cold brew

energy, protein rich

## blendees (8 oz.)

## kid-sized blends to fuel their day the healthy way

banana, strawberry, dates, honey, beet, almond milk	4
<b>Chocolate</b> banana, cacao, dates, honey, almond milk	4
Sugar Cookie almond milk, banana, almond butter, maca, dates, vanilla protein, almond extract	4

## house salads

Hummus	8.5
Taco Salad	8.5
Bean Salad	7
Kale Salad	5.5
Super Kale Salad	6

## snacks + dips

8 oz. Guacamole	8
8 oz. Hummus	6
Veggies with Hummus	
The Chippy	5.5
Fruit Bowl	5
4-pack Energy Bites	6.5
2-pack Tuxedo Dates	4
Ediblend Crunch	8
Trail Mix	9.5

## wellness shots

#### raw, blended + bottled fresh

**Turmeric** 2.4 oz. 4 / 16 oz. Big Shot **16.5** anti-inflammatory turmeric, ginger, honey, lemon, sea salt, black pepper + coconut water

**Ginger** 2.4 oz. **4** / 16 oz. Big Shot **16.5** *immunity builder, anti-nausea* ginger, lemon, cayenne pepper + coconut water

## signature wellness cleanses

specifically designed to flood your body with maximum nutrition. Offered daily in our grab -n-go fridge (while supplies last) or reseve yours in advance at ediblend.com.

#### 3 Day Wellness Cleanse

Includes morning green tea, six superfood blends, emergency almonds, nightly chamomile tea + ediblend insulated bag.

170

#### Classic Green

kale, celery, cucumber, chia, ginger, lemon, apple + coconut water

#### **Lemon Zinger**

lemons, pineapple + cayenne pepper

#### **Choco Shake**

kale, banana, cacao, hemp hearts, maca, dates, almond butter + almond milk

#### **Beet Detox**

beet, pineapple, lemon, ginger + coconut water

#### **Spicy Green**

cucumber, celery, green apple, ginger, jalapeño + lemon

#### **Perfect Balance**

strawberries, blueberries, banana, pineapple, spinach, apple cider vinegar + coconut water

#### 1 Day Wellness Cleanse

Includes morning green tea, five superfood blends, a kale salad, emergency almonds, nightly chamomile tea + ediblend insulated bag.

#### **Classic Green**

kale, celery, cucumber, chia, ginger, lemon, apple + coconut water

#### **Berry Zinger**

lemons, strawberries, pineapple + cayenne pepper

#### **Blonde Brodie**

spinach, banana, almond butter, maca, dates + almond milk

#### **Beet Detox**

beet, pineapple, lemon, ginger + coconut water

#### Spicy Green

cucumber, celery, green apple, ginger, jalapeño + lemon

#### **Kale Salad**



## famous bowls

10.5

10.5

# house blends (16.oz) made-to-order

expertly crafted + customizable to your liking!

#### **Peach Perfect**

anti-inflammatory, alkalizing, hydrating spinach, cucumber, pineapple, peaches, ainger + coconut water

#### **Detox Green**

detoxifying, alkalizing, hydrating kale, cucumber, spinach, celery, parsley, apple, lemon + coconut water

#### **Pre-Workout**

hydration, energy, strength, endurance kale, orange, blueberries, banana, grapes, dates. chia + coconut water

#### Recovery

muscle recovery, anti-inflammatory, protein rich blueberries, strawberries, pineapple, cherries, banana, kale, spinach, dates, hemp protein + coconut water

#### 1717

immunity, anti-inflammatory, hydration orange, banana, strawberries, dates + filtered water

#### Cold + Flu Fighter

immunity booster, vitamin C
goji berries, pineapple, ginger, camu camu
+ coconut water

#### **Sexy Yowza**

energy, libido, metabolism booster bananas, cacao, cinnamon, maca, dates, almond butter, cayenne + almond milk

## Superfood Boost Add-Ins

add to any blend for an extra boost chia seeds, maca, flax, ginger, hemp seeds, plant protein powder, goji berries, acai, camu camu, dates

#### acai bowls

8.5 Original
base: acai, coconut milk + fruit - topped with
granola, pineapple, strawberries, blueberries
+ honey drizzle

### 8.5 Tropical

9

10

1.5

base: acai, coconut milk + fruit - topped with granola, pineapple, strawberries, coconut + honey drizzle

#### Chocolate

base: acai, coconut milk, fruit + cacao - topped with granola, bananas, hemp seeds, walnuts + honey drizzle

#### PB+J 10.5

base: acai, coconut milk, fruit + cacao - topped with granola, strawberries, bananas, peanut butter + honey drizzle

#### breakfast bowls

#### Rise + Shine

base: overnight oats, almond milk, chia, maple syrup + secret sexy yowza mix - topped with granola, apples, walnuts, honey drizzle + cinnamon sprinkle

8.5

8.5

8.5

#### **Nutter Butter**

base: overnight oats, almond milk, chia, maple syrup - topped with granola, bananas, peanut butter + honey drizzle

#### **Morning Glow**

base: overnight oats, almond milk, chia, maple syrup - topped with granola, strawberries, blueberries, pineapple + honey drizzle

## coffee | tea | water

## **Coffee Americano**

double shot cold brew + hot filtered water

## Iced Coffee

double shot cold brew + filtered water

#### Green Tea

Green rea

single **3** / box (15) **12** 

Kangen Alkaline Water Refills

**Chamomile Tea** 

1/2 gallon 4 / 1 gallon 8

single **3** / box (15) **12** 

## in grab -n- go fridge

## **Toddy Latte**

double shot cold brew, almond milk + cinnamon

## our no junk philosophy:

All of our hand-crafted superfood blends are whole food, plant-based, dairy free, gluten free and soy free with no added sugars or artificial ingredients.